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OBSERVER

Kewanna Library
Box 365

Comb

VOLUME 65, Number 25 Kewanna, IN 46939 Thursday, June 30th, 2011 USPS 401-840 PRICE :-: 40c Per Copy

Hydrant flushing in Town of Kewanna

Please be advised that M.E. Simpson Co. Inc. has been contracted by the Town of Kewanna to perform a Unidirectional Fire Hydrant Flushing Program. Fire hydrant flushing will be conducted by crews from M.E. Simpson Co., Inc. beginning Thursday, July 7, 2011 and continuing on Friday July 8, 2011, Monday July, 11, 2011 and finish on Tuesday July 12, 2011.

Flushing will occur from 8:00 a.m. to 4:00 p.m. Please do not do any laundry during the flushing dates and times. After the flushing program, please flush all taps in your home or business including your washing machine before using.

If you have any questions or concerns please call 1-888-252-1521.

Vacation Bible School, July 11-15

The Kewanna United Methodist Church and Kewanna Church of Christ will host a Vacation Bible School for area youngsters Monday through Friday, July 11-15, from 6 to 8 p.m. each evening. The theme of the event is *Shake it Up* (the kids carry out God's recipe). The week will be filled with music, games, snacks, crafts, stories and more. The opening session each evening will be held at the Methodist Church and then attendees will spread out to their assignments for each day through sixth grade. For more information, call the Church of Christ at 574-653-2496 or Martha Sheridan at 574-842-2202.

The closing program will be held Friday at 7:15 p.m., followed by a cook out.

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Morning for Ladies at Mahseh Center

The Mahseh Center at Lake Bruce will present a Morning for Ladies Friday, July 22. The event will start at 9 a.m. with coffee, tea and fellowship.

The Attributes of God in selected Psalms will be presented at 9:45 a.m. with discussion to follow. Lunch will be served at 11:30 a.m.

The cost of the event is \$5 for the lunch. Women wishing to attend should pre-register before July 18 by calling the Mahseh Center at 574-653-3277 and leave a message or email Debbie Wingerter at wingerterb@aol.com.

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RECYCLING DATES
THURS., JUNE 2ND
THURS., JUNE 16TH
THURS., JUNE 30TH

BMV Begins Mailing Driver's License Renewal Postcards

Agency Clarifies Addressee Error

To help ease the crush of driver's license renewals in 2012, the BMV is sending courtesy reminder postcards to customers urging them to renew online or early. A problem occurred in one batch of postcards when the mail merged file inadvertently placed the wrong first name with the correct last name and address.

The information on the postcard is still correct and arrived at the proper address. No personal information was released and all BMV records remain correct and intact. A total of approximately 58,600 postcards had inaccurate first names.

Customers are encouraged to take the opportunity to renew online, at mybm.com, or at a license branch up to a year before his or her driver's license expires. In 2012, 2.4 million driver's licenses will expire compared with 330,000 in 2010 and 260,000 in 2011.

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Kewanna Community FOOD PANTRY
United Methodist Church
Open Thursdays by Appointment
Call (574) 653-2201 or (574) 653-9052

To Reserve the Fire Dept. Community Room
Call Bev Baldwin at 574-653-2622 evenings
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The News In Brief

Akron Area Arts League member Mina Bobel, Rochester, is showing her work at the Fulton County Public Library in Rochester. The show is entitled "Mina's Touch" and features artwork in a variety of media. Mina is a retired art teacher who last taught at Maconaquah Elementary School. The show runs through July 16 during regular library hours.

The Kewanna-Union Township Public Library board of directors will meet at 5 p.m. Tuesday, July 5, at the library to finalize the 2012 budget.

Mahseh Ministries, Inc., Lake Bruce, will host a Sunday morning worship service at 9 a.m., Sunday, July 3 at the shelter house at 1610 N. 1125 W, Lake Bruce. Rob Wingerter will present the second part of the series, James: a guide to Christian living.

The Twelve Mile Community Board will serve a free will breakfast Monday, July 4, from 7 to 10:30 a.m. in the community building in conjunction with the Twelve Mile Lawn Mower Race. The breakfast will include biscuits and gravy, grilled sausage, pancakes and other items. Members from local churches will provide the food items, cooking and serving of the meal. The parade begins at 11:30 a.m. with the lawn mower races to start shortly after.

The American Red Cross will hold a blood collection day Thursday, July 7, from 2 to 7 p.m. at the Mantou VFW Post, Rochester. To schedule an appointment to give blood, call 1-800-733-2767. Persons who give blood between June 1 to September 1 will be entered into a region-wide drawing to win free gas for one year (\$3,000).

The 3rd annual Race for Rick will be held Saturday, July 23, in Winamac. Registration will be from 7 to 8 a.m. at the Pulaski County Chamber of Commerce train depot at the corner of Main and Logan Streets. The run/walk will begin at 8:30 a.m. and run through the cemetery hills and back to the train depot. Visit the website to download a registration form at www.rhnsk.com. The entry fee is \$20 if you pre-register or \$25 the day of the race.

The Fulton County Pack a Backpack program is collecting

donations for its annual backpack drive. The price for each box of supplies and backpack is \$19 for young children and \$21 for older students. For more information about the program or to make a donation, call 574-223-4052.

The Farmer's Market in Loganstown is now open for the season from 8 a.m. to 1 p.m. Saturdays at the corner of Fourth and Market Streets. The market is also open from 3 to 6 p.m. Tuesdays and Thursdays.

The Music on the Square programs sponsored by the Akron Area Arts League is featuring the classic rock music of the local band "Hit-N-Run" Friday, July 8, in downtown Akron. On July 22, "Sentimental Journey" will take the stage with dance music of the 40s and 50s. "Manchester Civic Band" will play big band music on July 29. Bring a lawn chair and enjoy the free concerts that start at 6:30 p.m. and end at 8:30 p.m. These concerts are funded by the Fulton County Community Foundation. In case of rain, the concerts will be rescheduled.

The next meeting of V.I.P. (Visually Impaired People) will be at 1 p.m. Tuesday, July 12, at the Von Tobel Center in Winamac. Anyone with vision problems and other interested persons are welcome to attend. For more information, contact Maurine Wilder at 574-946-3836.

Boys and Girls Clubs throughout the U.S. are benefiting from a car donation program. Donated cars do not have to be functional, they only need a title. The cars are picked up then sold at auction and the funds generated are a helpful resource to the clubs. To donate your car or for more information, call 1-800-246-0493.

This year, July has five Fridays, five Saturdays and five Sundays. This happens only once every 823 years.

If you are planning a remodeling or construction project that requires digging, be sure to call the call-before-you-dig phone number, 811, to learn where gas, water, telephone, electric and sewer lines are located. Make sure you call the number at least two days before your project start date.

Bethany Meyer of Rochester was named to the dean's list at Olivet Nazarene University during the recently completed spring 2011 semester.

Caston students Marli

Coaching openings at Caston

Caston Jr./Sr. High School has some coaching openings for the 2011-12 school year. Positions to be filled include assistant varsity football coach, JV volleyball, 7th grade volleyball and 6th grade volleyball.

Persons interested in any of these positions should send a letter of interest, including your coaching or playing experience, to Debb Stevens, AD, Caston High School, P.O. Box 126, Fulton, IN 46931.

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Caston offers tours

Caston School Corp. is offering guided tours for students (and parents) new to the Caston community - incoming kindergarten students, students who may be transitioning into 7th grade, as well as any other students/parents who may wish to take the opportunity to view the facilities.

This tour session will be held Friday, July 8, with the first tour beginning at 10 a.m. and the second at 11 a.m. Please meet at the Caston Jr. Sr. High School office at the respective time.

Questions ahead of time may be directed to Superintendent Daniel L. Foster at 574-867-2035 or foasterd@caston.k12.in.us.

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Kewanna Fall Festival Sept. 23, 24 and 25

The 2011 Kewanna Fall Festival will be held September 23, 24 and 25. The festival will feature a free circus, free carnival rides and free continuous entertainment daily as well as food vendors, flea market and craft vendors, auction, parade, garden tractor pull, Chime Kewanna 5k run and 2-mile walk, Little Chiefs fun run, mush ball tourney and more.

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Leazenby, Jordan Moss and Zachary Smith attended the IHSSA student leadership conference at Pike High School in Indianapolis last Tuesday. Leadership, sportsmanship, college preparation and community service were among the topics discussed. Butler men's basketball coach Brad Stevens was the keynote speaker.

Caston Jr. Sr. High School is one of 12 public high schools in Indiana that will receive a monetary award for improving its graduation rate. The graduation rates were based on the 2008-2009 and 2009-2010 school years.

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FIREWORKS

KEWANNA TOWN PARK

SUNDAY, JULY 3RD AT DUSK



Clubs Societies Personals



Couple to mark 60th wedding anniversary

Leonard and Nancy Evers, 421 S 700 W, Rochester, will celebrate their 60th wedding anniversary at a family dinner to be held Saturday.

Evers and the former Nancy Whiteside were married July 1, 1951 at the Kewanna Church of Christ with Rev. Joseph Dux officiating.

Leonard farms with his son and Nancy is a homemaker. She retired as the supervisor of the Area 5 meal site in Kewanna.

The couple has nine children, Janet Yocum and her husband Charles, Rochester; Gary Evers, LaPorte; Diane Evers, Indianapolis; Bill Evers, Rochester, New York; Dave Evers and his wife Maria, Robert Evers and Brian Evers and his

wife Kandace, all of Rochester; John Evers and his wife Mary Jane, Indianapolis; and Rick Evers, who is deceased. They also have 16 grandchildren and 14 great-grandchildren.



ELLAINA RUTH BUTLER

Braden Butler and Jessica Teeter of Ft. Wayne are the parents of a daughter born Thursday, June 23, at 2:04 p.m. at Parkview North Hospital in Ft. Wayne. She weighed 5 lb 5 oz, was 18 inches long and has been named Ellaina Ruth Butler. She has two brothers, Jacob and Nicholas, at home.

Ellaina's maternal grandparents are Jim and Jane Teeter

of Bluffton and her great-grandmother is Ruth Cogdill of here. Her paternal grandparents are Dan Butler and Patty Moore of Ft. Wayne. Her maternal great-aunts include Judy Collins and Donna Koebeck of Kewanna.

Share Your Culture and Host an International Student

Foreign high school students are scheduled to arrive soon for academic semester and year homestay programs, and the sponsoring organization needs a few more local host families. The students are anxiously awaiting news of their new families. These young ambassadors are looking forward to fulfilling their life-long dreams.

According to Pacific Intercultural Exchange (P.I.E.) President, John Doty, the students are all between the ages of 16 and 18 years, are English-speaking, have their own spending money, carry accident and health insurance, and want to share their cultural experiences with their new American families. P.I.E. currently has programs to match almost every family's needs, ranging in length from one semester to a full academic year, where the students attend local public and private high schools. "At this critical time in our country's history, hosting an international teen is the best and purest form of public diplomacy the United States has," said Doty.

P.I.E. area representatives match students with host families by finding common interests and lifestyles through an in-home meeting. Prospective host families are able to review student applications and select

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the perfect match. As there are no "typical" host families, P.I.E. can fit a student into just about any situation, whether it is a single parent, a childless couple, a retired couple or a large family.

Families who host for P.I.E. are also eligible to claim a monthly charitable contribution deduction on their itemized tax returns for each month they host a sponsored student.

For the upcoming programs, P.I.E. has students from Germany, the Former Soviet Union, Venezuela, Argentina, Brazil, Hungary, Croatia, Korea, Mexico, Slovakia, China, and many other countries. P.I.E. is also participating in a special government-funded program to bring scholarship students from the Newly Independent States of the former Soviet Union to live in American communities.

P.I.E. is a non-profit educational organization that has sponsored more than 25,000 students from 45 countries since its founding in 1975. The organization is

designated by the United States Department of State and is listed by the Council on Standards for International Educational Travel (CSIET), certifying that the organization complies with the standards set forth in CSIET's Standards for International Educational Travel Programs.

Doty encourages families to contact the program immediately, as it will allow the proper time for the students and hosts to get to know one another before they actually meet for the first time.

Families interested in learning more about student exchange or arranging for a meeting with a community representative may call P.I.E., toll-free, at 1-866-546-1402. The agency also has travel/agency program opportunities available for American high school students as well as possibilities for community volunteers to assist and work with area host families, students and schools.

CASH IN CARRY SALE

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Joshua Brassard

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Worship Service 10:30 a.m.
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Hospital Notes

WOOLDLAWN HOSPITAL

June 18 Births - Jonathan and Deanna Haussmann, Rochester, a daughter.
 June 20 Admissions - James Casteel, Akron
 Dismissals - Edward Wenrick, Lisa Castleman, Shannon Osley and son, Donna Bell and Deanna Haussmann and daughter, all of Rochester; Gerald Denney, Argos
 Births - Tyler and Melissa Senesac, Rochester, a daughter, June 21
 Births - Sarah Kirkland, Rochester, a son; Crystal Kirk, Rochester, a son, June 22
 Admissions - Richard Smith, Rochester
 Dismissals - James Casteel, Akron
 Births - Amber Beaver, Argos, a son, June 23
 Admissions - Emory Watrous, Argos; Gabriel Arroyo, Akron
 Dismissals - Melissa Senesac and daughter, Rochester
 Births - Kyle and Tanesha Sloan, Rochester, a daughter, June 24
 Admissions - Anita Conrad and Tan Phoun, Rochester
 Dismissals - Sarah Kirkland and son and Crystal Price and son, all of Rochester

DEATHS.....

JERRY LEE BURKETT
 Jerry Lee Burkett, 71, Rochester, passed away June 23, 2011, at his residence.
 Born October 1, 1939 in Rochester, he was the son of Walter L. and Mildred V. Haggerty Burkett. He was married to the former Janet Rae Urbin of Kewanna on August 1, 1959 in the EUB Church, Rochester. She survives.

Survivors besides his wife are a daughter, Joclyn Hines and her husband Steven, Rochester; a son, Jay Burkett and his wife Robin, Chicago; three grandchildren, Casey Brown, Kylee Fenstermaker and Caleb Fenstermaker, all three great-grandchildren, Karman Slack, Alyssa Brown and Caymen Brown, two brothers, Dick Burkett and his wife Margaret, Rochester, and Don Burkett and his wife Jackie, Rochester; five nephews, Dave, Randy, Bill, Pat and Mike Burkett; sisters-in-law and brothers-in-law, Jill Leighton, Joy and Dr. Tom Troutman, Jean and Jean Urbin and Susan Markie; numerous cousins; and his canine companion, Ots. He was preceded in death by his parents, Walter and Mildred Burkett, his father- and mother-in-law, John and Ruth Nellans Urbin, his sister-in-law, Jeanne Urbin Markie, and cousins, Barb Walters Lewis, Bob Miller and Tona Miller.

A celebration of life was held at 5 p.m. Sunday, June 26, in the Cedar Family Funeral Home, Rochester, with Pastor Don Nunnemeyer officiating. He was laid to rest in the Richland Center Cemetery.
 Memorials may be made to the Rochester Fire Department, the Richland Center United Methodist Church or to Hope Hospice of Fulton County.
 Electronic expressions of sympathy may be made to the family at goodfamily@rtcol.com.

Rep. Gutwein applauds local schools honored

State Representative Doug Gutwein (R-Franceville) was pleased that four of the 12 schools honored by State Superintendent, Dr. Bennett reside in his district.
 "I am very proud of what our schools have accomplished to improve the students' success," said Rep. Gutwein. "The students, teachers and administrators have come together to make this

improvement."
 The Graduation Rate Performance Incentive Program was established in 2009 by the Indiana Department of Education to encourage a renewed sense of urgency, reward schools that increase graduation rates and reinforce the promise of a complete and competitive education.

Every public high school in Indiana is eligible to compete for one of ten \$30,000 prizes for schools with a total enrollment of at least 300 students or one of two \$10,000 prizes for schools with less than 300 students enrolled.

The following schools in District 16 were honored at the ceremony:
 Argos Community Junior-Senior High School, Argos Community Schools (\$20,000)
 Caston Junior-Senior High School, Caston School Corporation (\$20,000)
 Rochester Community High School, Rochester Community School Corporation (\$20,000)

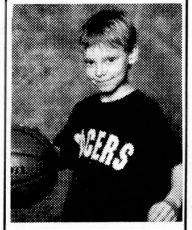
North White Junior-Senior High School, North White School Corporation (\$10,000)
 "These schools deserve recognition for helping students achieve early success," Rep. Gutwein said. "A tremendous amount of credit needs to go to the teachers, parents, and the students that have really achieved quite a milestone in such incredible improvement."

Time limits for filing notice of loss

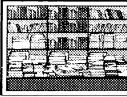
Producers with crops covered under the Noninsured Crop Disaster Assistance Program (NAP) are reminded that they have a 15 calendar day time limit following a qualified loss event to file a notice of loss. For a notice of loss of prevented planting, the time limit is 15 calendar days after the crop's final planting date.
 NAP is designed to reduce financial losses that occur when natural disasters cause a catastrophic loss of production or prevented planting. This coverage is for eligible crops for which a catastrophic plan of insurance is not available through traditional crop insurance. Indiana has over 90 crops covered under a NAP policy.

Failed acreage of crops planted under normal conditions but failed because of weather conditions will still need to be reported before the disposition (destroying) of the crop occurs. Contact your local FSA office for more details.

Happy "9th" BIRTHDAY



GRIFFIN FOX
 Love,
 Gr'ma Mick &
 Gr'pa Mark



Kewanna/Union Township Public Library News...

Welcome to the Kewanna-Union Township Public Library. We have many items for you to check out. New books from your favorite authors, books on CD, and many DVD's have been added to our collection. The library is now on the Evergreen system. Come in and see what a great resource Evergreen is, and update your card with us. The library is currently accepting DVD donations. If you have some old movies you no longer view, bring them in and share them with your friends at the Library.

Upcoming events at the Kewanna Library

- July 4th CLOSED for Independence Day
- July 5th Executive Board meeting 6:00pm. To approve the 2012 budget.
- July 6th Summer Reading Program Noon to 2pm.
- July 9th Game Day Noon to 3pm.
- July 13th Summer Reading Program from Noon to 2pm.
- July 13th GED Noon to 3pm.
- July 20th Summer Reading Program Noon to 2pm.

July 20th GED Noon to 3pm.
 July 25th Board meeting at 6:00pm.

July 27th Summer Reading Program Noon to 2pm.
 July 27th GED Noon to 3pm.
 July 30th Story Time Noon to 2pm.

Charles Rude, Interim Director
 Kewanna-Union Township Public Library
 P.O. Box 365
 Kewanna, IN 46939
 Phone 574-653-2011 / Fax 574-653-2130

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SIXTY YEARS AGO

July 6, 1951
Final rites were held Sunday in the Nickerl Funeral Home, Monon, for Mrs. Eva E. Spencer, 72, Monon. She had suffered a stroke and had been in ill health for some time. Survivors include a daughter, Opal Shull of Kewanaw.

Nancy Jo Whiteside became the bride of Leonard Evers Sunday afternoon, July 1, at the Kewanaw Church of Christ. Rev. Joseph Dux officiated at the ceremony. The couple was attended by Joanne Smith and Bill Graham.

Dr. Charles J. Roberts, pastor of the Grass Creek EUB Church, is completing his 52nd year in the ministry. He and his wife are planning to move in a few days to West Lafayette. He will preach his last sermon at Grass Creek on August 12.

Mr. and Mrs. Clayton Brown have received word from their daughter Loree that her husband, Hiram H. Hildebrandt, Jr., is now a surgical technician in the U.S. Army Medical Corps. He has been stationed for some time at Fort San Houston, Texas, but is now being sent to the Percy Jones Hospital, Battle Creek, Michigan.

Mr. and Mrs. Ted Brown announce the engagement of their daughter, Evelyn Sue, to Glen Peters, son of Mr. and Mrs. Elbert Peters, Winamac. No date has been set for the wedding.

Cloyd Earp accompanied six 4-H members on the country dairy tour Monday. Those taking the tour were Mary Ann Bauman, John Bauman, Dean Wilson, Larry Carlson, Barbara Fritz and Phyllis Earp.

The Wayne Wide Awake 4-H

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Club met recently at the home of Dorothy Douglas. Loretta Evans led the group in the pledge to the flag. Charlotte Sommers and Patty Stephens were in charge of the recreation.

FIFTY-FIVE YEARS AGO

July 5, 1956
It is believed that a screw driver was used to pry open a window at Sommers Grain Co. elevator in Grass Creek last week. A wrecking bar, about 50 worth of pennies and a few soft drinks were taken.

Funeral services were held Tuesday afternoon at the Prairie Grove EUB Church for Mrs. Rachael Daque, 35, Rt. 2, Kewanaw. Rev. Loyd Overmyer officiated and burial was in the Fulton Cemetery.

Committal services were conducted June 30 by the Harrison Funeral Home for the infant son of Mr. and Mrs. Simon Talbot. The baby was stillborn Saturday morning at Woodlawn Hospital.

Nedra Zellars was the guest of honor at a slumber party June 19 in celebration of her 15th birthday. Helping her celebrate the occasion were Mary Ruth Anderson, Jean Brown, Carolyn Iarkin, Sandy Miller, Linda Shidaker and Mary Ann Chizum.

Sally Masteller is spending this week in Indianapolis with her cousin, Karen Wilson.

John Cunningham of Grass Creek has enlisted in the Marines. He left for California Wednesday.

Kathryn McKinney and Dana Shull attended Grand Assembly for Rainbow for Girls held Thursday at Purdue University. Miss Shull received the Grand Cross of Colors degree during

the meeting.

David Stangle entertained his Sunday school class from Bell Center Community Church at his home Saturday evening.

Mr. and Mrs. Bob Hubeny and family have moved into the house they recently purchased from Mr. and Mrs. Carl Harman.

Victor Montz is confined to his home with an infection in his leg.

Mr. and Mrs. LeRoy Crippen of Grass Creek are the parents of a daughter born July 2 at Woodlawn Hospital. The baby weighed 7 pounds and has been named Jean Ellen.

FIFTY YEARS AGO

July 6, 1961
Joe McPherson, owner of Key Theatre in Kewanaw, has announced that he will start showing movies again soon. The Key has been closed since the fall of 1958.

Larry Plummer, 17, son of Mr. and Mrs. Blake Plummer, Kewanaw, sustained severe eye injuries Tuesday night when a firecracker exploded near his face at the Winamac Park. He was taken to Memorial Hospital by the Pulaski County sheriff's department.

Mike Gilliland, small son of Mr. and Mrs. Howard Gilliland, Kewanaw, broke his right arm recently when he fell from a tree.

Mrs. Ronnie Hamman, Kewanaw, underwent surgery recently at Starke Memorial Hospital in Knox.

The Caston school board has hired two new principals. M. Edward Hanselman will be principal of South Caston High School and Ivan Everson will be supervising principal of Caston elementary schools.

Twenty-one members and guests of the Bruce Lake Community Circle enjoyed supper recently at the Don and Marie Restaurant north of

Culver. Following the meal, readings were offered by Mrs. Burt Eber, Mrs. Carl Carr, Mrs. Floyd Nicklaus and Mrs. Charles Moon. Mrs. Richard Showley read a history of the circle which was started in 1923.

Jane Buskirk of Logansport is spending this week in the Don Troutman home and with other relatives.

Tommy Garner and Ricky Taylor are attending Baptist Youth Camp at Crystal Lake.

Donna Hunter, daughter of Mr. and Mrs. Clurel Hunter, Kewanaw, was initiated into the Kewanaw chapter of the Order of Eastern Stars when the group met June 25.

Mr. and Mrs. Byron Kumlcr of Troy, Michigan, former Kewanaw residents, observed their 25th wedding anniversary Sunday, June 25, with a family dinner and open house.

Wayne Zellars, a senior at Ball State Teachers College, has been named to the Dean's List for the spring quarter.

FORTY-FIVE YEARS AGO

July 7, 1966
Funeral services were held Sunday at the Harrison Funeral Home, Kewanaw, for Perry Warren Gillespie, 75, Rt. 1, Kewanaw. The retired farmer died Friday in Woodlawn Hospital. Rev. Leroy Wise officiated and burial was in the local IOOF Cemetery. Survivors include his wife, the former Margaret Metzger, and a daughter, Mrs. Kathryn Huntington of New Britain,

Connecticut.
Mr. and Mrs. Larry Anderson, Rt. 4, Rochester, are the parents of a daughter born at Woodlawn Hospital.

Mary Stoudt, Kewanaw, has been admitted to Pulaski Memorial Hospital, Winamac.

Beverly Kistler, 18, Rt. 1, Kewanaw, has enlisted in the U.S. Women's Army Corp. The daughter of Mr. and Mrs. Harold Kistler, she has enlisted for two years in the medical career group and will be assigned to Ft. McClellan, Alabama.

Staff Sgt. Karl Dean Ness and family arrived Friday for a few days visit with his parents, Mr. and Mrs. Charles Ness, Rt. 2, Kewanaw. Sgt. Ness has spent the past three years with the Army at Fort Bliss, Texas, and will report for further duty on the 28th of July at San Diego, California. From there he will go to Vietnam for a year's duty.

THIRTY YEARS AGO


July 2, 1981
Nora Overmyer was the winner of the free permanent given away during Shirley Zartman's 25th year in business open house.

Louise Masteller has been named Democratic precinct committeeperson for Union Township.

The local Youth League officials have announced the winners in the recent candle sales

"Looking Back"
Con't. To Page Five

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Showroom Hours: Mon-Fri 8-6, Sat 8-2 WINAMAC, INDIANA Service Hours: Mon-Fri 8-5, Sat 8-12
574-946-3117 1-800-388-0112 www.jimdobsonford.com

"Looking Back"

Con't. From Page Four
 campaign. The top salesman was Stephanie Muir. Troy Corbett was the number two salesman, followed by Melanie Masunas, third, and Monte Utter, fourth.

Mr. and Mrs. Lawrence Zartman have announced the closing of their Midway Home for senior citizens in Kewanna due to Mrs. Zartman's ill health.

The Kewanna United Methodist Church was the scene of the June 8th wedding of Martyn Gregory of Lafayette and Don Fisher of Porter. The 2:30 p.m. rites were solemnized by Rev. Rupert Evans, pastor of the church. Parents of the couple are Mr. and Mrs. Owsley Gregory of Lafayette and Mr. and Mrs. Bill Fisher, Kewanna.

Mr. and Mrs. Leroy Mullins returned to their home in Port Orange, Florida, after visiting his mother, Mrs. Ida Mullins, and other relatives.

TWENTY YEARS AGO

Services were held at 11 a.m. Monday in the Harrison-Metzger Funeral Home, Kewanna, for Norman James Frasa, 53, Rt. 1, Kewanna (Lake Bruce). Rev. Bryan Ton officiated at a burial was in the Pleasant Hill Cemetery.

Mathilda Marie Smith, 81, Rt. 1, Kewanna, died at 2:36 a.m. Tuesday at Woodlawn Hospital. Graveside services will be at 10 a.m. Friday in the Kewanna Citizens-IOOF Cemetery with Rev. Bryan Ton officiating. She is survived by one son, Dennis A. Smith, Lake Bruce.

The top sellers in the Kewanna Youth League's recent fund raiser were Mark Kimble, A. J. Dimmock and Scott Hilton.

Ben Fehrer of Granite Falls, Washington, has been selected to attend the 1991 Missoula Children's Theatre Performing Arts Camp. He was selected from applicants throughout the United States and Canada. Ben is the son of Mr. and Mrs. Wayne Fehrer of Granite Falls, the grandson of Howard and Carol Hickle, Winamac, and the great-grandson of Josephine Hyatt, Kewanna.

The 171st Convocation of the Ancient Accepted Scottish Rite of the Valley of South Bend recently conferred the 32nd Degree on 59 new members, including Christopher D. Sailors of Kewanna. Sailors was also elected treasurer of the class.

Wilbur Rude won the gold medal for bowling at Myers Lane Saturday. He will go to Indianapolis July 14 to compete in the White River Park state games. Proceeds from the event go to charity


Business Hours

Fulton County Court House
 Fulton County Office Building
 8 to 4 p.m.

Monday through Friday

Advertising and News Deadline..... Noon on Tuesday!!

"Slices of Life"
 By: **Bill Wertzler**



July Fourth is Number One

It's the best holiday of the year - my favorite. And not just because you get to eat ice cream at lunch and roasted marshmallows after dark - although that clearly has something to do with it. Christmas and birthday fans might think the Fourth of July is an unusual choice for a preferred holiday, but I have my reasons. Six of them, in fact.

Reason number six - freedom to eat. Whether it's turkey with stuffing, cake with candles, black-eyed peas, a pumpkin filled with miniature candy bars or chocolate bunnies with their ears bitten off, holidays are all about the edibles. Independence Day is chock full of eating opportunities of the best kind - corn on the cob, watermelon, baked beans, hamburgers and hot dogs - simple fare that's easy to make and tastes good going down. Best of all, most of it can be prepared and eaten outdoors. Who doesn't love a picnic?

Which leads me to reason number five - freedom to enjoy the weather. Most other holidays - New Year's, Easter, Halloween, Christmas - even my birthday - fall during the colder-weather months. If I want to spend the day that isn't in the sun next to a lake that isn't frozen - well, then the Fourth of July is clearly my best option.

Reason number four - freedom to enjoy the people. If you're going to spend a day outdoors eating too much good food, you might as well do it with people you enjoy. Independence Day allows you this independence. Other holidays come with expectations of enduring Uncle Frank's infamous pull-my-finger prank and eating Aunt Frieda's special green bean casserole - again. Lots of families spend the Fourth together - because they want to. That's how a holiday should be. Fun.

Reason number three - freedom to have fun. You watch a parade by day and a fireworks-filled sky by night. In between there might be sack races, the Star Spangled Banner and sparklers. From sunup to well past sundown, there's something for everyone. You can stay up until midnight - or not. Even Uncle Frank's pranks take on a new sense of levity. (Which finger, Uncle Frank?)

The fabulous, unfettered fun of the day brings us to reason number two - freedom from expectations. No one looks for wrapped packages or a basket filled with egg-shaped candy on Independence Day. It is void of expectations regarding gift giving, ghostly ghouls or flying reindeer. This isn't a

holiday about you or me. It's bigger than that.

As big as reason number one - freedom to be free. This is the best, most important and (really) only reason to revere the Fourth of July. It is a holiday about living in the greatest country in the world - one where we enjoy freedom and liberties others dare only imagine. This freedom didn't come easily or without cost. Throughout the history of the United States, many people have given their lives so we can light our barbecue grills and sparklers on the Fourth of July. We may not be perfect; we may disagree about politics and other issues, but I feel lucky to live in a place where we are free to disagree. I salute our flag, sing America the Beautiful loud and proud (albeit off-key) and at the end of the day go to bed thankful that I know the reality of life, liberty and the pursuit of happiness.

Some days are better than others. As far as I am concerned the Fourth of July is one of the best. Enjoy. Celebrate. Give a deserved hug to someone in uniform. God bless America. Jill Pertler, award-winning syndicated columnist and author of "The Do-It-Yourselfer's Guide to Self-Syndication" is collecting fans on Facebook on her Slices of Life page. Email her at pertrnn@qwet.net; or visit her website at <http://marketing-by-design.home.mchsi.com/>.

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Advertising & News Deadline..... Noon on Tuesday!

Name of child
 Address
 Telephone number
 Age Boy or Girl (circle one)
 Parent or Guardian Name
 Can Locations

The following questions may be asked each child during the program/crowning
 Favorite Color Favorite Food
 Favorite Activity

Return to Beacon Credit Union South Branch, Rochester, by July 1

Did You Know?

(NAPS)—Explain to your children that when they post something on a social net-



work, they're making it available to anybody anywhere who has an account there. Teach them that some information is worth keeping private, suggests Father Boes, president and national executive director of Boys Town. For more parenting tips, go to www.parenting.org.

The growing adoption of smartphones is making a huge impact on the real estate industry. As a result, many real estate companies are developing apps, such as the Century 21 mobile app, which may be downloaded via most major smartphones.

Fulton Fun Days Cuties Contest

Entry forms for the Fulton Fun Days Cuties Contest are being accepted until July 1.

The contest is open to boys or girls ages 2 through 8. Parents/guardians should make cans for the collecting of votes (a penny per vote) and include the child's name and picture on the can. The sign on the cans should also include the wording "Penny-A-Vote" and "Fulton Fun Days Cuties Contest". Also, make sure to have your child's name on the bottom of all cans for identification. Coins, bills or checks made payable to the Fulton Lions Club may be placed in the cans. Make as many cans as you want and place them at your work place or in a cooperative business of your choice. Cans must be picked up by August 3 and delivered to the Beacon Credit Union, South Branch, Rochester, between the hours of 8:30 a.m. and 5 p.m. If you cannot make the drop off time, please contact Julie Oberg at 574-835-1066.

The boy and girl winners will receive \$80 cash. All participants will receive a gift bag full of goodies. The Cuties crowning program will be held at the Fulton Park at 7 p.m. Friday, August 5. The prince and princess will ride on the Cuties float during the Fulton Fun Days parade on Saturday, August 6. The child must be accompanied by an adult to walk with the float. To enter your child in the contest, fill out the form below and return it to the Beacon Credit Union, South Branch, Rochester.

Recycled cardboard viewed from the edge, corrugated, cardboard looks like this: xxxxxx - remove packing materials

*Electronics Computers (including mice, keyboards, monitors and printers), fax machines, scanners, VCRs, DVD players, stereos, telephones, TVs

Glass Jars & Bottles Separate into: green, brown or clear, labels do not have to be removed, remove lids - put with steel, mirrors, light bulbs, window, ceramic, Pyrex or other glass

Magazines & Catalogs Only magazines & catalogs made of slick, glossy paper

Scrap Metal Small amounts of any type of scrap metal are accepted, aerosol cans - remove lids

Miscellaneous AAA-D, hearing aid, watch and rechargeable batteries, inkjet and laser cartridges, items containing mercury, fluorescent bulbs, motor oil, pallets - wood of plastic, styrofoam packing peanuts - must be contained

Newspaper Stacks in brown paper grocery bags, remove glossy inserts and put with mixed paper, do not pack in plastic bags

Plastic Bags and Film Plastic grocery bags (make sure they are empty), bubble wrap, clean plastic film

Plastic Bottles #1-#7 All plastic bottles - look for the chasing arrows

*Refrigerated Units Refrigerators, freezers, air conditioners, dehumidifiers (any item containing Freon)

Steel Food Cans Include metal lids from glass jars, pet food containers

* Not accepted at drop-off sites. Please properly dispose of all materials.

RECYCLING DATES

THURS., JUNE 2ND
 THURS., JUNE 16TH
 THURS., JUNE 30TH



Materials Accepted:

Please make sure all items are separated and rinsed out. Manufacturers require clean and contaminant-free materials to make new products.

Aluminum Cans Beverage cans, pop tab pet food cans

Aluminum Foil Foil wrap, aluminum pie and dinner trays

Chipboard Cereal box type paper, office paper - all types, paperback books, junk mail, phone books, handbook book-covers need to be removed, no tissue or foil paper, no carbon, carbonless forms or other treated paper, no wax paper

Corrugated Cardboard Viewed from the edge, corrugated, cardboard looks like this: xxxxxx - remove packing materials

*Electronics Computers (including mice, keyboards, monitors and printers), fax machines, scanners, VCRs, DVD players, stereos, telephones, TVs

Glass Jars & Bottles Separate into: green, brown or clear, labels do not have to be removed, remove lids - put with steel, mirrors, light bulbs, window, ceramic, Pyrex or other glass

Magazines & Catalogs Only magazines & catalogs made of slick, glossy paper

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Miscellaneous AAA-D, hearing aid, watch and rechargeable batteries, inkjet and laser cartridges, items containing mercury, fluorescent bulbs, motor oil, pallets - wood of plastic, styrofoam packing peanuts - must be contained

Newspaper Stacks in brown paper grocery bags, remove glossy inserts and put with mixed paper, do not pack in plastic bags

Plastic Bags and Film Plastic grocery bags (make sure they are empty), bubble wrap, clean plastic film

Plastic Bottles #1-#7 All plastic bottles - look for the chasing arrows

*Refrigerated Units Refrigerators, freezers, air conditioners, dehumidifiers (any item containing Freon)

Steel Food Cans Include metal lids from glass jars, pet food containers

* Not accepted at drop-off sites. Please properly dispose of all materials.

Drop-off sites:

Rochester:
 1452 Wentzel St. &
 Peace Tree Village
 parking lot - north end;
 Letters Ford;
 Kewanna; Caston;
 Akron; Talma

1452 Wentzel St., Rochester
 Mon. - Fri. 8 a.m. - 4 p.m.
 8 a.m. - Noon Sat.
 E-mail: fswd@rct.com
 574-223-4939
 Look for our ad every Wednesday.

Update

Revive Your Healthy Eating Resolutions

(NAPS)—Every year, many people make a resolution to exercise more or follow a more balanced eating plan. Unfortunately, with each passing month, most lose the motivation to follow through and start to revert back to unhealthy habits.

With the arrival of warmer weather, now is the perfect time to reassess and revive your healthy eating resolutions—it's simpler than you think. Small changes to your diet can lead to big improvements in your overall health. One easy goal is to add more fruits and vegetables to your diet. The recently released Dietary Guidelines for Americans, 2010 encourage us to reinforce the importance of consuming produce, recommending that you fill your plate with fruits and vegetables.

California Avocados: An Easy Solution to Add Flavor and Boost Nutrient Intake

Regularly enjoying delicious California avocados is one simple way to help meet the recommended daily fruit servings and boost nutrient intake. Avocados also provide a number of other nutritional benefits that can help you achieve your healthy eating resolutions, including:

- **Avocados are nutrient dense.** One-fifth of a medium California avocado (1 ounce), a nutrient-dense fruit, has 40 calories and contributes nearly 20 vitamins, minerals and phytonutrients to the diet, in addition to being naturally sugar-free and sodium-free. The Dietary Guidelines for Americans, 2010 emphasizes choosing nutrient-dense foods from each food group as the best approach to meeting nutrient needs within calorie recommendations.

- **Avocados provide two nutrients that are likely lacking from your diet.** One-fifth of a medium California avocado (1 ounce) provides 8 percent of the Daily Value for fiber and 4 percent of the Daily Value for potassium. Dietary fiber and potassium are generally under-

consumed by Americans and are identified by the Dietary Guidelines for Americans, 2010 as nutrients of which people should increase consumption. Both are important to a diet—dietary potassium can help lower blood pressure by blunting the adverse effects of sodium, and dietary fiber that occurs naturally in foods may help reduce the risk of cardiovascular disease, obesity and type 2 diabetes, as well as help provide a feeling of fullness.

- **Avocados can help you improve your "good fat" intake.** Seventy-five percent of the fat in a California avocado is unsaturated fat (3.5 grams per 1-ounce serving), making it a great substitute for foods high in saturated fat. Replacing some saturated fatty acids with unsaturated fatty acids has been shown to lower both total cholesterol and low-density lipoprotein (LDL) cholesterol levels.

For the full report of the Dietary Guidelines for Americans, 2010 and information on how California avocados can help meet those guidelines, visit CaliforniaAvocado.com/Healthy-Living.

California avocados can be easily incorporated into a number of recipes that promote the consumption of other foods recommended by the Dietary Guidelines for Americans, 2010, including fruits, vegetables and whole grains. Here's a delicious recipe to try:

Mediterranean Pasta Salad with California Avocado

Serves: 4
Prep Time: 15 minutes
Cooking Time: 10 minutes
Total Time: 25 minutes

Ingredients:

- 3 tablepoons extra virgin olive oil
- 1 tablepoon fresh lemon juice
- ½ teaspoon salt
- 2 tablepoons loosely packed fresh dill, or fresh dill, or small pasta, cooked, drained and cooled
- 1 ripe, fresh California avocado*,



Regularly enjoying delicious California avocados is an easy way to help meet the recommended daily fruit servings.

- peeled, seeded and cut into ½-inch cubes
- 1 cup cherry tomatoes, cut in quarters
- ½ cup pitted kalamata olives, cut in half
- medium hot house cucumber, cut lengthwise in quarters and sliced
- 1 cup artichoke hearts, cut in half
- Opt for a whole grain pasta to boost fiber intake.

Instructions:

1. Place olive oil, lemon juice and salt in a food processor or blender; blend until creamy. Add dill and pulse just until incorporated. Pour over pasta and toss to coat.

2. Add remaining ingredients and toss to combine. Serve immediately or cover and chill until ready to serve.

Nutrition information per serving: Calories 300; Total Fat 19 g (Sat 2.5 g, Trans 0 g, Poly 2 g, Mono 13 g); Cholesterol 0 mg; Sodium 270 mg; Potassium 540 mg; Total Carbohydrates 30 g; Dietary Fiber 8 g; Protein 7 g.

- **Large avocados are recommended for this recipe.** A large avocado averages about 8 ounces. If using smaller or larger size avocados adjust the quantity accordingly.

For more avocado nutrition information and delicious California avocado recipes, visit CaliforniaAvocado.com.

Car Care Corner

Booklet Helps Take Scare Out Of Car Care

(NAPS)—While women control or influence 85 percent of buying decisions—including the purchase and care of vehicles—many still may feel intimidated when it's time to take a vehicle to the service shop.

A new program designed especially for women helps them ask the right questions about vehicle maintenance. It includes a free booklet that answers frequently asked car care and travel questions, as well as a fun and informative seminar that auto repair facilities across the country can host for their female customers.

"We want to help women ask not just the right questions but all questions about car care and repair," said Nancy McLean, director of marketing for ACDELCO. "Sometimes, the most powerful tools a woman can own are knowledge and confidence."

The booklet can be accessed at www.acdelco.com/pdf/Knowledge_Is_Power_booklet.pdf.

Designed to fit in a glove box, it was developed by professionals who specialize in training and uses easy-to-understand, consumer-friendly terms. The booklet covers:

- Preventive car care services and when they're needed

- How to accurately and completely describe vehicle troubles to a technician

- A glossary of commonly used automotive service terms
- Symptoms, noises and smells that may indicate potential problems

- Tips for safe motor vehicle travel

- How occupant safety restraints such as seat belts and air bags work

KNOWLEDGE



A new booklet empowers women by informing them about car care and repair.

- Child passenger safety and teen driving tips

- How to stay safe in the event of a vehicle breakdown.

"Women and men who read the 'Knowledge Is Power' booklet or attend a seminar will feel much more in control of their car care decisions, which is very important in these economic times," said McLean.

The company also offers a complete "Knowledge Is Power" seminar kit to more than 6,000 independent, affiliated vehicle service facilities nationwide. Service centers that order the kit receive everything needed to host a car care seminar for women in their stores.

"These events are not designed to train women on do-it-yourself car repair but rather to empower them with the information they need to ask the right questions the next time their car has to go to the shop."

For more information, visit www.acdelco.com.

Good Citizenship

A Gallon Of Gas Can Go A Lot Further Than You May Think

(NAPS)—A gallon of gas might fuel your car so that you can get to the store or take your kids to the ballpark, but with one oil company that gallon can also put food on the table for a hungry family or help provide a new book for a student.

A program called Fueling Good recognizes and rewards heroes across the United States. There are two phases of the contest. The first will run through August 11, the second from September 1 through October 27. Each phase is an opportunity for up to 12 nonprofit organizations to win \$5,000 in CITGO gift cards to support their programs. This means a total of 24 winners can win \$120,000 this year for helping their communities.

Since 2009, Fueling Good has supported more than 30 charities, including *Bees the Book Bus*, a mobile literacy program. With support from CITGO, *Bees* was able to expand its reach across the United States and donate more than 60,000 books to children in need last year.

CITGO winners include a food pantry in Chicago, an animal shelter in Maine and a mobile children's dental clinic in Florida. Not only do the charities win, the communities they support benefit from every gallon of quality CITGO fuel. Visit www.fuelinggood.com/CITGO to view videos of FuelingGood to view videos of past winners.

Any 501(c)(3) nonprofit organization based in the 26

Fueling Good supports charities like *Bees the Book Bus*, a mobile literacy clinic that was able to expand its reach across the United States thanks to the donation of CITGO gas.

states or the District of Columbia served by CITGO is eligible to submit an entry at www.fuelinggood.com. The public votes online for the one believed to be doing the most good.

Doing good, the company says, is part of its DNA—from the fuel provided at its service stations to the fund-raising and community efforts of the company's employees, marketers and retailers, adding that this is aligned with the social development principles of the CITGO shareholder, Petroleos de Venezuela, S.A. (PDVSA), the national oil company of the Bolivarian Republic of Venezuela.

For more information, rates, to enter for a chance to win up to \$5,000 and to learn how these organizations make a difference, visit www.fuelinggood.com. For regular updates and to join the conversation, "Like" CITGO Fueling Good at www.facebook.com/CITGO FuelingGood.

Did You Know?

(NAPS)—Instead of covering up offensive odors, ARM & HAMMER vacuum accessories eliminate smells through the natural odor-fighting power of baking soda. For more information and to locate odor-eliminating bags and filters for a specific vacuum, visit www.armhammercav.com.

Behr Premium Plus Ultra Stain-Blocking Ceiling Paint forms an extra protective shell that resists moisture, stains and mildew. It has a flat sheen to minimize surface imperfections and provide a uniform appearance. It's available in all The Home Depot stores. Learn more at www.behr.com.

Movie kiosks at retail locations are making it more convenient for consumers to rent a movie and then shop for their movie-night snacks—all in one trip. The kiosks carry the Blockbuster Express brand. To learn more, visit www.blockbustrexpress.com.

When the heroine of Dorinda Benton Frank's new book, "Fally Beach" (William Morrow/HarperCollins), returns to her home in Carolina's Lowcountry, she learns



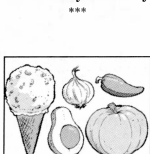
that the pull of family is as powerful as the ocean tides and love can strike faster than lightning in summer.

CertainTeed's EverNew decking and railing lines offer 19 rich shades and multi-chromatic colors that provide the deep, natural look of wood and a 20-year stain and fade warranty. For information on designing a backyard getaway, visit www.certainteed.com or call (800) 233-8990.

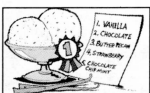
To aid parents, Dr. Jennifer Sins, pediatrician and medical editor for *www.HealthyChildren.org*, a children's health partner of Unilever's Don't Fret the Sweet campaign, offers advice on what to expect in the teen years. Learn more at www.facebook.com/Don'tFretTheSweet.

The trouble with baseball is that it is not played the year round.

—Gaylord Perry



Among the more unusual flavors of ice cream ever recorded are avocado, garlic, jalapeño and pumpkin.



Vanilla is still the most popular flavor in this country.

EARTH TALK

Questions & Answers
About Our Environment

Dear EarthTalk: What are the major issues with protecting migratory birds that groups like the Nature Conservancy are working on? *Lorinda Bennett, Albuquerque, NM*

Migratory birds, like other animals, need suitable habitat and food sources to survive. But unlike other animals which stay primarily in one place, migratory birds depend on the availability of food and habitat all along their migration paths, which for some are thousands of miles long. Changing environmental conditions along routes can hinder birds' ability to survive their often arduous long distance journeys.

Some 1,800 of the world's 10,000 bird species migrate long distances every year. Typically birds fly to the far north in the summer to feed and return south for the winter to breed, but many variations and exceptions exist. The long-distance record holders are Sooty Shearwaters, which migrate 9,000 miles between nesting sites in the Falkland Islands and feeding sites in the North Atlantic Ocean off of Norway.

Chief among environmental threats to migratory birds is habitat destruction. Human development of wetlands areas leaves many birds without suitable habitat for stopovers and even wintering sites. Global warming only twists the knife by making usual stopover sites even less hospitable. Biologists see that widespread climate change is already starting to have a negative effect on the timing of migration cycles and breeding patterns, leading to population declines in species already considered threatened. Hunting is another threat to birds which pass over countries without the resources or will to enforce protections. Obstructions such as power lines, wind farms and offshore oil rigs also negatively affect migratory birds.

A large number of international treaties and domestic laws provide protection for migratory birds. For example, the Migratory Bird Treaty Act of 1918 affirms the U.S. government's commitment to international conventions protecting migratory birds (and their eggs and nests) passing through Canada, Japan, Mexico and Russia at some point during their annual travels. Upwards of 1,000 different bird species, as listed on the U.S. Fish & Wildlife Service's Migratory Bird Program website, are protected under this Act. A similar treaty called the

African-Eurasian Migratory Waterbird Agreement seeks to protect migratory birds along another of the world's major migratory bird flyways.

While governments only do so much to protect migratory birds, private non-profits are working hard—and devoting millions of dollars—to try to take up the slack. One of the leaders in this battle is the Nature Conservancy, which employs hundreds of ornithologists and planners who identify networks of habitats needed by bird species throughout North America, Latin America and the Caribbean and then work to protect these crucial areas for current and future generations of migratory birds.

Conservancy projects focus on important ecosystems, from the grasslands of the Great Plains to the pine oak forests of Central America and points beyond, identifying and protecting a network of high-quality stopover habitats around the Gulf of Mexico as well as along the Pacific Coast of the U.S. and Canada—and studying how climate change and other environmental factors affect bird migration throughout the Western hemisphere.

Dear EarthTalk: Isn't spray sunscreen a health and environmental nightmare when it seems that more of the sunscreen ends up going up my nose than on the kid at the beach next to me? *Lillian Robertson, Methuen, MA*

Spray cans of sunscreen may no longer contain chlorofluorocarbons (also known as CFCs, which were phased out in the 1990s for causing holes in the stratospheric ozone layer), but many contain other chemicals that are no good for our health or the environment. Researchers have found that the chemicals and/or minerals in the vast majority of commercially available sunscreens—even the rub-in creamy or oily varieties—can cause health problems just from ordinary use; inhaling them only magnifies the risks. And just what are the risks? According to the non-profit Environmental Working Group (EWG), there are two major types of sunscreens available in the U.S. "Chemical" sunscreens, the more common kind, penetrate the skin and may disrupt the body's endocrine system, as their active ingredients (e.g., octylmethylcinamate, oxybenzone, avobenzonone, benzophenone, mexoryl, PABA or PARSOL 1789) mimic the body's natural hormones and as such can essentially confuse the body's systems. Quite a risk to take, considering that the chemical varieties don't even work for very long unless applied. Meanwhile, "mineral" sunscreens are considered somewhat safer, as their active ingredients are natural

elements such as zinc or titanium. But "micronized" or "nano-scale" particles of these minerals can get below the skin surface and cause allergic reactions and other problems for some people. EWG recommends sucking with "mineral" sunscreens whenever possible but, more important, taking other precautions—to avoid prolonged sun exposure altogether. "At EWG we use sunscreens, but we look for shade, wear protective clothing, and avoid the noontime sun before we smear on the cream," the group reports.

As for spray varieties, EWG recommends avoiding them entirely: "These ingredients are not meant to be inhaled into the lungs." With so little known about the effects of sunscreen chemicals on the body when rubbed into the skin, we may never know how much worse the effects may be when they are inhaled. But suffice it to say: When your neighbor at the beach is spraying down Junior, it's in your best interest to turn away and cover your nose and mouth.

The root of the problem, according to EWG, is failure on the part of the U.S. Food and Drug Administration (FDA), despite repeated requests from public health and consumer advocates, to implement sunscreen safety standards, some of which were proposed by government scientists more than three decades ago. EWG only considers a small percentage of the sunscreens on the market—none of which come packaged in spray cans—safe for human use. Some of the top rated varieties come from manufacturers including All Terrain, Aubrey Organics, Badger, Blue Lizard, California Baby, La Roche-Posay, Purple Prairie Botanicals, thinksport, and UV Natural. None of the mainstream drug store variety brands appear on EWG's recommended list. The full list is available on the sunscreens section of EWG's Skin Deep website. With summer now upon us, stock up on good sunscreen before it's too late. Deep.

CONTACT: Skin Deep.
www.ewg.org/skandeep.
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Thank You . . .

Thanks to everyone who attended my 80th birthday open house. Thanks also for the cards and gifts.

You helped make it a day I will always remember.

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Town & Country CHATTER...

By: Julie Brown Ph.: (574) 653-2451

Julie Brown and Clayton and Luke and Tanner Sutton were in Rochester Monday, June 20. They had a fun time attending a showing of the movie "Mr. Popper's Penguins" at the Times Cinema.

Don and Pauline Scales had company Tuesday, June 21. Coming for a family chat were their daughter and son-in-law, Ellen and Vic Heiden of Columbia City. They had a nice visit over lunch and cake in honor of Don's birthday.

Pauline Brown, Julie and Clayton had a caller Tuesday. Stopping by to pick up Clayton for an extended visit was his maternal grandmother, Sallie Caum of LaPorte.

Tim Cogdill of Macy was a Wednesday, June 22, visitor of his mother, Ruth Cogdill. He did some outside chores while they caught up on all the family news. Current news for the family included Ruth's daughter, Jane Teeter, and Jane's daughter and grandchildren, Jaclyn Shaw, Sophia and Sam, leaving Friday for Sikeston, Missouri. They were to meet Jane's daughter, Jennifer Watson, and her family for a short visit. Jennifer's twin daughters, Aryn and Toni, were then returning to Indiana with Jane for a month-long visit. Also arriving in Indiana for a three-week visit with family were Ruth's granddaughter and her children, Sonya Smith, Sid and Emery, of Colorado Springs, Colorado. Sonya's sister, Renata Crissinger, met Sonya, Sid and Emery, at Midway Airport Saturday evening and chauffeured then to Winamac where they will be staying with Sonya's parents, Linda and Gordon Ligocki of Winamac.

Don Reason II of Tre'vous, France arrived Thursday, June 23, for a two-week visit with his parents, Beth and Ray Weller. Accompanying him to Kewanna were his sisters, Beth Ann Deckard and Linda Tufts of Lebanon, Ohio, and Beth Ann's daughter and granddaughter, Kirsten Kaufman and Kate.

Pauline and Don Scales had visitors Thursday. Stopping by for a chat were their daughter and son-in-law, Phyllis and Gene Koozts of Rochester. Afterward, the Koozts visited with their daughter and her family, Cindy and Greg Wiese and Ally, and celebrated Gene's birthday.

Linda Garner traveled to Valparaiso Friday, June 24. She had a nice time visiting with her daughter and her family, Amanda and Don Wassermann, Zachary and Mackenzie.

Ann and Shirley Zartman had a houseguest over the

weekend. Staying with them for a few days was Ann's great-grandson, Jacob Green of Culver.

Don Reason II enjoyed a four-day visit with two of his former college friends this week. They now reside in Texas and Georgia.

Don and Pauline Scales had a few visitors Sunday, June 26. The first to stop by was their daughter, Linda Garner. Later, their granddaughter and her family, Cindy and Greg Wiese and Ally, came over to tackle some yard work.

Romayne Wentzel and her daughter, Carol Holmquist of Munster and Becky Sientz of Butler, have returned from a week-long trip to Virginia. They had a wonderful time attending the high school graduation of Romayne's granddaughter, Katya Wentzel. Katya is the daughter of Roger and Julie Wentzel of Falls Church.

Leonard and Nancy Evers were among those who enjoyed attending the open house held in honor of Ed Murling Sunday. The event was in celebration of his 80th

birthday and held in the community room of the local fire station.

Linda Garner was in Twelve Mile Sunday evening. She had a fun time visiting with her daughter and her family, Missy and Steve Young, Trey, Brianna, Kaylyn and Stevanna.

Shirley Zartman had a nice time Sunday afternoon attending the birthday open house held in honor of Ed Murling.

The 59th annual Evans reunion was held Sunday at the Fulton Park. Six of Ida Mullins' children were in attendance: Ralph, Verna Huegel, Bessie Bain, Mary Collins, Jean Caldwell and LeRoy. There were 55 present in all, coming from Michigan, Minnesota and Indiana. After the reunion, several went to the Mary Collins home for homemade ice cream.

Those persons who will be having birthdays next week (so please remember to give them your best regards) are: Derrick Carlisle, Griffin Fox, Carol Hickie and Mike Hogan, July 3; Stacey Kesler

and Ryan Urbin, July 4; Jim Humes and Don Newgent, July 5; Landrew Barr and Marge Hartle, July 6; Shade Cogdill and Jim Dimmock, July 7; John Agnew Jr., A.J. Dimmock, Coy Field and Beverly Kreamer, July 8; and Jenny Beach and Steve Handschu, July 9.

There are five couples who will be celebrating their wedding anniversaries next week: Mr. and Mrs. Rush McColey, July 3; Mr. and Mrs. Tim Carlson, July 6; Pastor and Mrs. Richard Miller, July 7; and Mr. and Mrs. Dennis Bouda and Mr. and Mrs. Jon Gast, July 8.

It seems to me that people have vast potential. Most people can do extraordinary things if they have the confidence or take the risks. Yet most people don't. They sit in front of the telly and treat life as if it goes on forever.
—Philip Adams

It is all right to hold a conversation but you should let go of it now and then.
—Richard Armour

One important key to success is self-confidence. An important key to self-confidence is preparation.
—Arthur Ashe

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